Medication Therapy Management. The Via Christi Health Alliance in Accountable Care, Inc. (the “ACO”) Board approved the application of the Participation Waiver for Medication Therapy Management Services (MTM) to be provided free of charge to those entities listed as Participants of the Medicare Shared Savings Program (MSSP) ACO. The MTM services will be provided by pharmacists engaged by Via Christi Hospitals Wichita, Inc. (“VCHW”), which is a listed Participant of the ACO, to those ACO Participants identified to provide MTM services to its Medicare and non-Medicare patient population. The ACO Board determined that MTM services achieve the Medicare Shared Savings Program (MSSP) Triple Aim by assisting the assigned Medicare beneficiaries with managing their medications to ensure proper medication effectiveness and prevent unnecessary reactions, which will improve patient outcomes and prevent needless costs (approved January 29, 2015).

Navigation Services. The Via Christi Health Alliance in Accountable Care, Inc. (the “ACO”) Board approved the application of the Participation Waiver for Navigation Services to be provided to Participants of the ACO. The ACO will fund the costs of the navigators engaged to provide navigation services to those Participants identified to effectively improve the health of individuals and reduce the overall costs of healthcare of the assigned Medicare beneficiaries to the ACO. Such Navigation services help improve the health of individuals and patient populations by utilizing data analytics to identify those patients that can benefit from prevention and treatment programs offered by ACO providers. Navigators will assist the ACO providers with managing and monitoring the health of the patients of the ACO providers (approved January 29, 2015).

Health Coaching. The Via Christi Health Alliance in Accountable Care, Inc. (the “ACO”) Board approved the application of the Participation Waiver for Health Coaching services to be provided free of charge to Medicare assigned beneficiaries of the ACO. The ACO will fund the cost of health coaches to allow the ACO Participants to utilize health coaching services for those assigned beneficiaries that could best benefit from health coaching services. The ACO Board determined that health coaching achieves the Triple Aim by assisting the patient with managing their health by (i) focusing on healthy prevention choices and (ii) educating patients on programs and treatments that will improve the patient’s health and prevent costly chronic conditions (approved January 29, 2015).

Data Analytics. The Via Christi Health Alliance in Accountable Care, Inc. (the “ACO”) Board approved the application of the Participation Waiver for the cost of Data Analytics services to be provided to the ACO Participants. Data Analytics is the process of analyzing claims and other health care related data associated with those patients managed by the ACO and its Participants. Data Analytics achieves the Triple Aim by providing the ACO with the necessary information to be able to identify those patients and ailments that the ACO can target to improve the health and reduce the overall expenses to the patient and patient population (approved January 29, 2015).
Distributing Quality and Cost Information. The Via Christi Health Alliance in Accountable Care, Inc. (the “ACO”) Board approved the application of the Participation Waiver to share the individual ACO providers’ utilization, cost, and quality information with all ACO Participants and providers for the sole purpose of achieving the MSSP Triple Aim. The ACO Board determined that distributing such information is necessary to achieve the Triple Aim because it helps identify those providers and services that provide the highest quality of care at the most efficient price. It also allows the ACO to identify those providers and Participants that need to improve quality and efficiency scores. Such information will allow ACO participants and providers to direct patients to those providers that provide the best quality at the lowest costs to the patient population (approved January 29, 2015).

Team Based Care (TBC) Consulting. The ACO Board approved the application of the Participation Waiver for Team Based Care (TBC) Consulting Services to be provided free of charge to those entities listed as Participants of the Medicare Shared Savings Program (MSSP) ACO. The TBC services will be provided by content experts engaged by Via Christi Hospitals Wichita, Inc. (“VCHW”), which is a listed Participant of the ACO, to provide TBC consulting services to support practice transformation with a focus on increased access, improved patient care and implementation of care pathways and protocols to improve coordination of care and outcomes. The Team-Based Care support services team will assess practice locations and identify gaps in team-based care processes, workflows and protocols through a GAP assessment. The support services team will use the GAP analysis to customize a practice specific transformation plan which may include regular workshops, phone calls, meetings or other means to provide education, implementation and adoption of new workflows, care-team efficiencies and standards of care. These TBC tools and processes will satisfy the triple aim by supporting the improved health of individuals and patient populations, improving patient satisfaction and decreasing the overall cost of care by enabling practices to create a more efficient, patient-focused care delivery process (approved April 23, 2015).

The MSSP Triple Aim accomplishes these three critical objectives: Improve the health of the population served; improve the experience of each individual, and lower the expense of healthcare to both the individual and population.